

H I G H F A L L S MEMBER SPECIALS F O O D C O - O P

MARCH 2024 MARCH 2024 MARCH 2024 MARCH 2024 MARCH 2024 MARCH 2024 MARCH 2024 MARCH 2024

FOOD FOR LIFE

Organic Ezekial 4:9 Sesame Bread

\$6.49 /24 oz

Regular price **\$8.19**



AMY'S

Gluten-free Cheese Enchiladas Pesto Tortellini Bowl

\$6.99 /9-9.5 oz

Regular price **\$8.69**



APLEGATE

Breakfast Sausage: Classic Pork, Chicken & Apple, Chicken & Maple

\$5.29 /7 oz

Regular price **\$5.79**



BUBBIES

Kosher Dill Pickles Bread & Butter Chip Pickles

\$7.89 /33 oz

Regular price **\$9.59**



VERITAS FAMILY FARMS

Boneless Short Ribs

\$15.99 /lb

Regular price **\$20.70**/lb



MISO MASTER ORGANIC MISO

Traditional Red Miso Mellow White Miso

\$5.29 /8 oz

Regular price **\$8.19** (red) | **\$6.99** (white)



BUBBIES

Prepared Horseradish

\$3.29 /8oz

Regular price **\$4.99**



GARDEN OF LIFE

Tortilla Chips: Red Hot Blues Sesame Blues

\$3.19 /5.5 oz

Regular price **\$4.99**



YERBA PRIMA

Moringa Caps

\$16.49 180 capsules

Regular price **\$19.39**



AUROMERE TOOTHPASTE

Ayurvedic Fresh Mint Homeopathic / Licorice

\$5.79 /4.16 oz

Regular price **\$7.99**



PRETZEL CRISPS

Everything Garlic Parmesan

\$3.19 /7.2 oz

Regular price **\$4.79**



YERBA PRIMA

Psyllium Husk Veg Caps

\$14.99

180 veggie caps

Regular price **\$17.29**



HYLANDS

Calms Forte Sleep Aid

\$7.29 /50 tablets

Regular price **\$10.49**



YERBA PRIMA

Psyllium Husk Powder

\$14.29 /12 oz

Regular price **\$17.29**



YERBA PRIMA

Coconut Activated Charcoal

\$12.99 /60 vcaps

Regular price **\$13.89**

